

# Medical Massage

## MINI TREATMENTS THIS WEEKEND Saturday & Sunday



### NEAR UVCA Registration



Stephanie Ashton is a Licensed Medical Massage Practitioner. She specializes in Muscle Energy Technique, (MET) of the joints, deep tissue massage and posture assessment for standing and gait patterns. Stephanie is also a Licensed Physical Therapy Assistant, Certified Massage Therapist, Certified Fitness Trainer and also has certifications in neuromuscular therapy.

Twenty years of working in the physical therapy and chiropractic arenas and extensive training in manual therapy techniques plus six years of massage therapy combine to ensure that clients achieve discernible improvement. Stephanie approaches each condition from a “correct to function” perspective working alongside you, the patient’s doctor, to help get your patient back on his or her feet.

