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Dr. Robert Silverman is a chiropractic doctor, clinical nutritionist, national/international speaker, author of Amazon's #1 bestseller "*Inside-Out Health*," founder and CEO of Westchester Integrative Health Ctr. He graduated magna cum laude from the University of Bridgeport College of Chiropractic and has a Masters of Science in human nutrition. The ACA Sports Council named Dr. Silverman "Sports Chiropractor of the Year" in 2015. Dr. Silverman is on the advisory board for the Functional Medicine University and is a seasoned health and wellness expert on both the speaking circuits and the media. Dr. Silverman is a thought leader in his field and practice, a frequently published author in peer-reviewed journals and other mainstream publications.

Dr. Silverman was the principal investigator on a Level 1 laser FDA study.

Dr. Silverman's new book, *Superhighway to Health*, is expected to be published in February 2022.